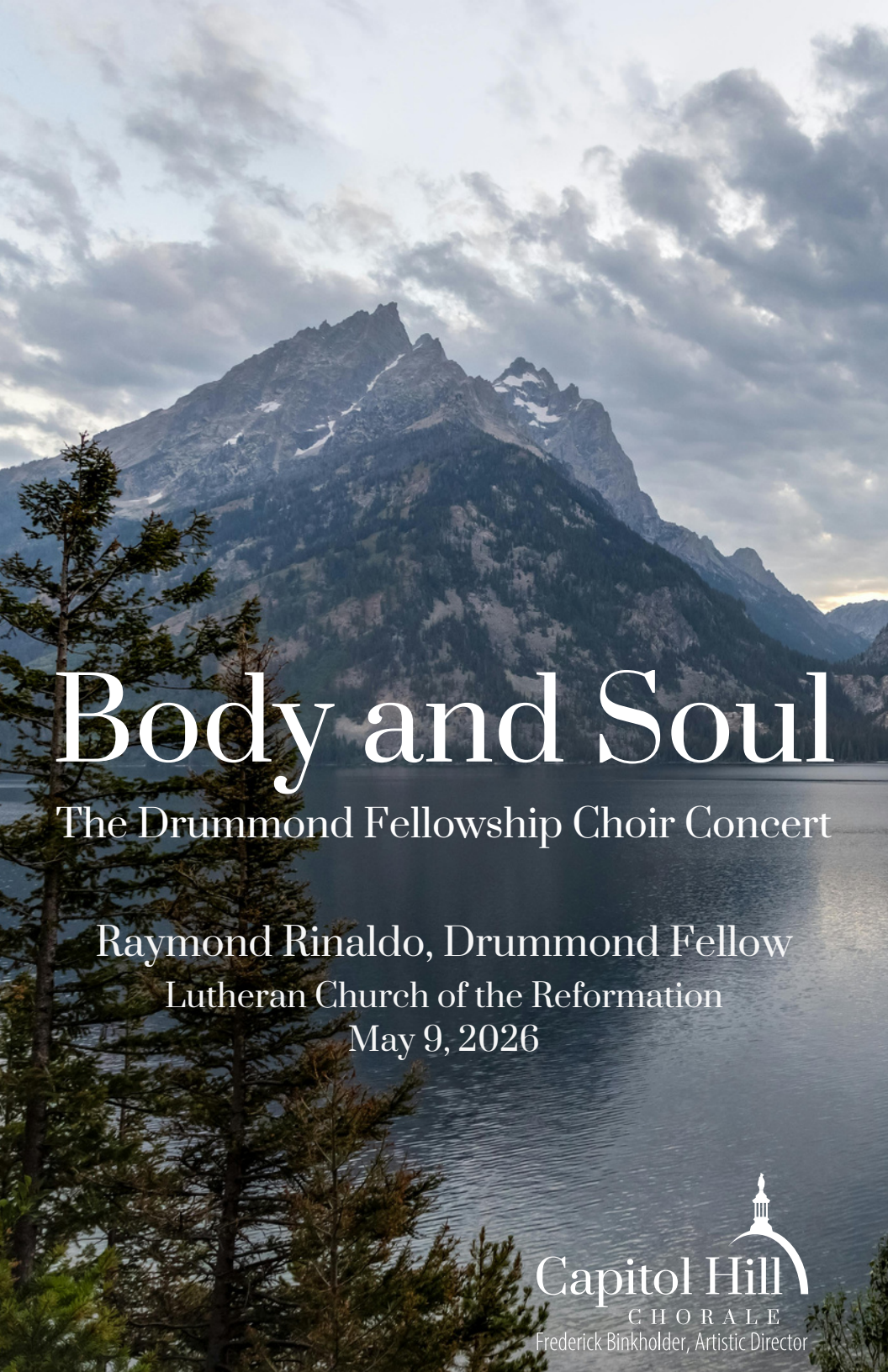




Body and Soul

The Drummond Fellowship Choir Concert

Raymond Rinaldo, Drummond Fellow

Lutheran Church of the Reformation

May 9, 2026



Capitol Hill
CHORALE
Frederick Binkholder, Artistic Director



Introduction to the Concert

Body and Soul is the culmination of my work during the Paul Drummond Conducting Fellowship. When I applied for the fellowship, I wasn't sure if I would be able to balance my work as accompanist and fellow. But with the help and flexibility of the Capitol Hill Chorale, I was accepted as fellow and we worked together to make this year work.

I wanted to program a concert, with the help of my many choirs with whom I work, that showed the different sides of who I am and how I connect to choral music. Very similar to my bodybuilding discipline, this concert contains training in core, resistance, and cardio. Some core choral repertoire begins our concert. These opening pieces represent long standing tradition and serve as the foundation of our repertoire. Pieces that provide challenge and resistance follow through the works of Faure and Guillaume. We are pressed by harmonic, rhythmic, and language challenges, but we all come out stronger for our efforts. And finally the cardio, the pieces that make our hearts beat and give us purpose. Music as a force of living, protest, and social justice. The rallying cries of We Rise and Make Them Hear You calls us to action and uses choral music as a vehicle of change.

I'm also fortunate to be joined by singers from all of the choirs with which I currently work. Members of the Capitol Hill Chorale, Gay Men's Chorus of Washington, Arioso Chorale, and Accotink Unitarian Universalist Church have all come together in a collaborative spirit. It is truly a blessing to work with these groups. I am deeply grateful to Fred Binkholder, as my guide and conducting coach through this process; Dr. Thea Kano, who acts as my mentor and conducting teacher; and Paul Leavitt, for putting me in front of an orchestra and choir for the first time and setting me on this path. Thank you as well to the team in the Capitol Hill Chorale who helped me pull together the resources and materials to construct this evening of music.

Raymond Rinaldo

Body and Soul

The Drummond Fellowship Choir Concert

Raymond Rinaldo, Drummond Fellow
Alex Chan, Accompanist



O Nata Lux.....	Thomas Tallis
Ave Verum Corpus.....	William Byrd
Ave Verum Corpus.....	Wolfgang Amadeus Mozart
Non Nobis, Domine.....	Rosephanye Powell
Cantique de Jean Racine.....	Gabriel Fauré, text by Jean Racine
Hamisha Asar.....	Flory Jagoda, arr. Nick Page
Koudjay.....	Sydney Guillaume
<i>Rock Creek Singers:</i>	
Homeland.....	Grace Coberly
Nearer My God.....	Lowell Mason, arr. by James Stevens, text by Sara F. Adams
<i>Soloist: Rick Bennett</i>	
Northern Lights.....	Ola Gjeilo
Ubi Caritas.....	Raymond Rinaldo
We Rise.....	Batya Levine, arr. by R. Rinaldo
<i>Soloists: Katrina Tselentis, Diana Liao, Veronica Faison</i>	
Make Them Hear You.....	Stephen Flaherty, lyrics by Lynn Ahrens, arr. by Paul Leavitt

A PROJECT OF THE
Capitol Hill Chorale
Frederick Binkholder, Artistic Director

Roster

Raymond Rinaldo, Drummond Fellow

Alex Chan, Accompanist

Frederick Binkholder, Capitol Hill Chorale Artistic Director

Samuel Holliday, Capitol Hill Chorale President, Board of Directors

DRUMMOND CHOIR

Sopranos

Bethany Brookshire

Radharani De

Pamela Karg

Ingrid Kauffman

Gabrielle Levy

Marcy Stanford

Altos

Marian Connolly

Veronica Faison

Diana Liao

Laura Locklear

Jane Frances O'Connor

Lisa Rarick

Katrina Tselentis

Tenors

Zachary Coomes

Don Medor

Bruce D. Purdy

James M. Turner

Basses

John Paul Barringer

Andy McKenna

Michael Silber

ROCK CREEK SINGERS

Michael Aylward

Zachary Barger

Billy Barry

Eric Belkengren

Rick Bennett

Javon Byam

Jonathan Chaffin

Bob Dragoset

Anthony Gipson

Rob Hall

Ben Harris

Ali Hecimovich

Kyler Hewitt

Addison Hughes

Michael Hughes

Henry Johnson

Calla LaBeau

Sean Link

Armando Loney

James Madigan

Patrick Nelson

Joshua Peterson

Lawrence Poole

Sean Robinson

Drew Thatcher

James M. Turner

Chuck Willett

CAPITOL HILL CHORALE

Vice President: Clare Blackwell; Secretary: Robyn H. Alexander; Treasurer: Erik Lundgren;

Logo Design: Taoti Creative (Danny Izquierdo); Season Designs: John Paul Barringer; Program:

Jessica Chaiken, Radharani De; Photos: Jason Wong Design, Ryan Maxwell Photography;

Honorary Administrator: Virginia Gano; Founder: Parker Jayne.

Our IDEA statement

Representation in programs and on stage matters. We intend our programs to place the music and experience of composers, writers, and performers of color, Indigenous musicians, and women, transgender, and non-binary musicians on par with the choral canon of Western music. We are committed to involving new and under-represented communities as partners, participants, and co-creators. We are actively working to make the Chorale welcoming and inclusive for all performers and audience members, including BIPOC musicians, people with disabilities, neurodiverse individuals, older adults, and members of the LGBTQIA+ community. Visit capitolhillchorale.org to learn more about our inclusion, diversity, equity, and access (IDEA) efforts.

Biographies



Raymond Rinaldo, Drummond Fellow

Raymond Bradley Rinaldo, a native of the Shenandoah Valley in Virginia, began his studies in piano at 9 years old. Mr. Rinaldo also got his start in accompanying by playing for several musical productions while in high school. Mr. Rinaldo went on to earn his bachelor's degree in piano performance from James Madison University, which included studying opera and lieder in Germany for a semester. He also earned his master's in piano performance from George Mason University. Since then, Mr. Rinaldo has lived in the Northern Virginia/D.C. area, working with theaters and choirs in countless productions.

Aside from acting as music director at Accotink Unitarian Universalist Church, he also currently works closely with the Gay Men's Chorus of Washington, D.C., the Arioso Chorale, and the Capitol Hill Chorale as accompanist, composer, arranger and conductor. He made his debut as an orchestral conductor and composer in November 2024, leading the Arioso Chorale. Past performance venues and locations include the Kennedy Center, Lincoln Theatre, Carnegie Hall, Reykjavik, Munich, and Denver.

In his spare time, Mr. Rinaldo studies German, French, Italian, Spanish, and Russian. He also spends much time training as a bodybuilder.



Alex Chan, Accompanist

Alex Chan is an experienced vocal accompanist, church pianist, orchestral keyboardist, and pianist for a variety of vocal ensembles in Maryland and Asia. In addition to piano performance, he has sung tenor in several vocal ensembles in Asia and with the Chamber Singers at the University of Maryland, performing alongside the National Symphony Orchestra and the

Baltimore Symphony Orchestra in major concert halls. He won the Gold Prize in the piano duet category at the 3rd Piano Festival in Singapore. Alex was born and raised in Kuala Lumpur, Malaysia. He recently earned a Doctor of Musical Arts degree in Collaborative Piano from the University of Maryland, College Park, where his dissertation examined songs set to non-poetic texts.



Frederick Binkholder, Artistic Director

Frederick Binkholder is in his 26th season as Artistic Director of the Capitol Hill Chorale and has spent more than 36 years as a conductor, performer, and teacher. He holds a bachelor's degree in music education from Central Methodist College at the Swinney Conservatory of Music, studying under Dr. R. Paul Drummond, and a Master of Music degree in Choral Conducting

from Georgia State University under the tutelage of Dr. John B. Habermen. He is Professor of the Practice at Georgetown University, where he serves as Director of Vocal Studies. With a penchant for idiosyncratic programming, he has performed numerous world premieres, helped revive neglected classics, and championed the performance of underrepresented composers. His ongoing work includes collaborations with composer Kevin Siegfried, musicologist Fr. Piotr Nawrot, SVD, and research into the choral music of Margaret Bonds. His edition of the Bonds spiritual "You Can Tell the World" for SATB voices, has recently been released by Hildegard Publishing.



About the Capitol Hill Chorale

2025–2026 marks the Capitol Hill Chorale's 33rd season rehearsing and performing on Capitol Hill. Since its first concert in December 1993 with 45 singers, the Chorale has performed more than 80 choral programs, grown to more than 100 singers, toured Europe, uncovered rarely performed pieces, and commissioned several new works.

This year, the Chorale celebrates its 26th season under the baton of Artistic Director Frederick Binkholder, who continues to bring innovative programming and maintains high musical standards while exploring a wide range of genres and under-appreciated composers. His programming has included a wide repertoire—from major works in the classical choral canon to works by early music masters, contemporary composers, and other genres of choral literature. Recent highlights include a 2019 summer tour of the country of Georgia, where a portion of the Chorale performed Zakaria Paliashvili's Orthodox Divine Liturgy; a concert of German lieder in memory of Dietrich Fischer-Dieskau; programs exploring the American shape-note and Shaker traditions; multiple concerts featuring works by African American composer Margaret Bonds; and several programs of jazz interpretations featuring the David Jellema Ensemble. The Chorale regularly collaborates with other DC-area musicians, such as the Washington Saxophone Quartet and vocalist Katerina Burton.

During its very first season, the Chorale established its tradition of performing major Orthodox liturgical works with the North American premiere of Gretchaninoff's setting of the All-Night Vigil (Op. 59). Binkholder has expanded this tradition, leading Chorale performances of the Orthodox Divine Liturgy of St. John Chrysostom in settings by Tchaikovsky, Rachmaninov, Paliashvili, and Stevan Stojanovic Mokranjac. In its June 2016 program, the Chorale honored the centenary of World War I by performing Kastalsky's rarely performed "Memory Eternal to the Fallen Heroes" (1917).

Composer Kevin Siegfried has been the Chorale's Composer-in-Residence since March 2014, and the Chorale is honored to have premiered a number of his new works, including the cantatas "Child of Earth" (2011), "Angel of Light" (2015), "Vidimus Stellam" (2016), and "Music of the Spheres" (2017)—the last of which featured glass harmonica player Dean Shostak.

In 2018, the Chorale was awarded the Chorus America/ASCAP Alice Parker Award for its contribution to the creation of new and challenging choral music. The Chorale won a WAMMIE (Washington Area Music Association Award) for Best Area Choral Group in 2008 and received nominations in 2017 and 2020. CHC has been a finalist in the Washington City Paper's annual "Best of DC" multiple times in recent years, most recently in 2024. The Chorale has also been selected for the holiday program "Songs of the Season," presented by WETA Arts, in 2022, 2023, and 2025.

Additional information about the Chorale, along with information about its first commercially produced recording (a setting of sacred Georgian chants on the Orthodox Divine Liturgy by Georgian composer Zakaria Paliashvili), can be found at capitolhillchorale.org. You can follow the Chorale on Facebook, Instagram, and Spotify.

The Drummond Conducting Fellowship



The Paul Drummond Conducting Fellowship is open to individuals studying conducting at the Masters level or with equivalent experience. The Drummond Fellow assists the Artistic Director in preparing the Chorale for performance, from rehearsal to stage management of performance. In addition to these main artistic duties, the Fellow collaborates with the section leaders, runs sectional rehearsals, and assists with auditions and voice checks. Non-artistic duties include attending board meetings, preparing program notes, participating in fundraising activities, and participating in community activities (i.e. pop-up concerts). The Fellow is expected to rehearse and conduct at least one selection during the regular season. The Fellowship concludes with a capstone

project to include programming, rehearsing, promoting, and conducting a small ensemble concert under the umbrella of CHC.

During the season, the fellow gains experience in leading the large ensemble through warm ups, rehearsals, and select performance opportunities, and also participates in administrative functions such as board meetings and management tasks. The fellowship honors the memory and influence of Mr. Binkholder's friend and mentor Dr. Paul Drummond.

**Scan to support the Capitol Hill Chorale
and enable us to continue mentoring up
and coming conductors through the
Drummond Fellowship for years to come!**



www.mightycause.com/organization/Capitol-Hill-Chorale



Texts & Translations

O Nata Lux de Lumine

O nata lux de lumine,
Jesu redemptor saeculi
Dignare clemens supplicum
Laudes preces que sumere.

Qui carne quondam contegi
Dignatus es pro perditis
Nos membra confer effici
Tui beati corporis.

O Light born of Light
Jesus, redeemer of the world,
with loving kindness deign to receive
suppliant praise and prayer.

Thou who once deigned to be
clothed in flesh
for the sake of the lost,
grant us to be members
of they blessed body

Ave Verum Corpus

Ave verum corpus,
natum de Maria virgine
vere passum, immolatum
in cruce pro homine
Cujus latus perforatum,
unda fluxit et sanguine
Esto nobis praegustatum,
in mortis examine
O Jesu ducis, O Jesu pie,
O Jesu, fili Marie
Miserere mei, Amin.

Hail, true body,
born of the Virgin Mary
Truly suffered,
sacrificed on the cross for man,
Whose side was pierced
whence flowed water and blood
Be for us a foretaste of heaven
in the test of death.
O sweet Jesus, O holy Jesus,
O Jesus, son of Maria,
Have mercy on me. Amen.

Non Nobis, Domine

Non nobis, Domine, non nobis
sed domini tuo da gloriam

Not to us, Lord, not to us
but to your name be the glory

Cantique de Jean Racine

Verbe égal au Très-Haut, notre unique
espérance,
Jour éternel de la terre et des cieux,
De la paisible nuit nous rompons le
silence:
Divin Sauveur, jette sur nous les yeux.

Répands sur nous le feu de Ta grâce
puissante;
Que tout l'enfer fuie au son de Ta voix;
Dissipe le sommeil d'une âme
languissante
Qui la conduit à l'oubli de Tes lois!

Ô Christ! sois favorable à ce peuple
fidèle,
Pour Te bénir maintenant rassemblé;
Reçois les chants qu'il offre à Ta gloire
immortelle,
Et de Tes dons qu'il retourne comblé.

Word of the Highest, our only hope,
Eternal day of earth and the heavens,
We break the silence of the peaceful
night;
Saviour Divine, cast your eyes upon us!

Pour on us the fire of your powerful
grace,
That all hell may flee at the sound of
your voice;
Banish the slumber of a weary soul,
That brings forgetfulness of your laws!

O Christ, look with favour upon your
faithful people
Now gathered here to praise you;
Receive their hymns offered to your
immortal glory;
May they go forth filled with your gifts.

Hamisha Asar

Hamisha Asar, Hamisha Asar
ven a vermos, vamos kantar
La balabaya mos aspera
kon kintze platos de fruta
Bendicho su nombre Sinyor del mundo
frutas de Israel

Hamisha Asar, Hamisha Asar
ven a vermos, vamos balyar
La balabaya mos aspera
la baklaba i kave

Koudjay

Yon lè pou plante
Yon lè pou rekòlte.
Yon lè pou travay
Yon lè pou koudjay.
Jodi-a se repoze.
Jodi-a se banboche.
Majòjon, pran devan,
Mizisyen annavan!

Bat tanbou joue troupèt,
Violon ak clarinet.
Mizisyen, kantado, an nou taye banda
An nou chante, danse merenge, kalinda,
Jodi-a se koudjay.
Nap fete tèt kale
San danje, san traka
Nap chante, nap danse
La vi-a mande sa.
Tout la sent jounen nap travay
Nap redi, nap fè bèl bagay.
Nou plante, nou plante,
Nou simen, aroze.
Kouniea, an nou repoze,
Nou dwe repoze, danse merenge
Kouniea, an nou banboche,
Danse kalinda, danse, zouke
Annatandan nou rekòlte.

“Un temps pour chaque chose,
et chaque chose en son temps”
Se yon pawol sakre ke nou dwe obsève

Mizisyen annavan, jodi-a se koudjay
Taye banda, danse, zouke,
Jodi-a se koudjay

Hamisha Asar, Hamisha Asar
come to visit us, we will sing
The hostess awaits us
with 15 platters of fruit
Blessed by his name, Lord of the Universe
Fruits of Israel

Hamisha Asar, Hamisha Asar
come to visit us, let us dance
The hostess awaits us
With baklava and coffee

A time to sow
and a time to reap.
A time for work
and a time for leisure.
Today we rest.
Today we celebrate.
Drum major, lead on,
Musicians, play on!

Beat the drums, blow the trumpet,
Play the violin and clarinet.
Musicians, singers, let's show them
what we got.
Let's sing, dance meringue and kalinda,
Today is the big feast!
We will party like there's no tomorrow
With no fear, nor danger
We'll sing and dance
As life requires it.
All day long we've been at work
Laboring, making a difference.
We sowed and planted,
We scattered and watered.
Now it's time to relax,
We must take a break and dance
meringue.
Now it's time to let go,
Time to kalinda and 'zouk'
While we await the harvest.

“A time for everything,
and everything in its time.”
That is a sacred quote that we must
observe!

Musicians, play on, it's party time!
Dance and 'zouk' like there's no
tomorrow,
Today is “Koudjay”!

Homeland

Dear lover, dear friend, see how gentle the night
that warms us from the cold.
When we met, I could swear I had known you before
in a lifetime gentler still.

This is our homeland, our haven in the woods —
familiar shadows, a sky we call our own.
And surely someday, we all will meet again.
In music, we'll never be alone.

If the night falls too fast, I will seek out the sun
and paint it in the sky.
If the monsters return, I will drive them away
to keep you safe with me.

I will love you until the time I leave you.
But even though the distance grows,
we will never be apart.

This is our homeland, our haven in the woods —
familiar shadows, a sky we call our own.
And surely someday, we all will meet again.

When we're centuries old and our voices are gone,
we will all come home.

Nearer My God To Thee

English verses:

Nearer my God, to Thee,
Nearer to Thee
E'en though it be a cross
That raiseth me.

There let the way appear,
Steps unto heaven
All that Thou sendest me,
In mercy given

Still all my song shall be
Nearer my God, to Thee,
Nearer, my God, to Thee,
Nearer to Thee.

Latin verse and translation:

In articulo mortis caelitus mihi vires.
Deo adjuvante non timendum in
perpetuum.
Dirige nos Domine ad augusta per
angusta.
Sic itur ad astra excelsior!

Though like the wanderer,
The sun gone down,
Darkness be over me,
My rest a stone,

Angels to beckon me
Nearer, my God, to Thee,
Nearer, my God, to Thee,
Nearer to Thee.

Or if on joyful wing,
Cleaving the sky,
Sun, moon, and stars forgot,
Upward I fly.

At the moment of death, I have strength
from heaven.
With God's help, we must not fear
forever.
Guide us, O Lord, to the highest places
through the narrow.
Thus we go to the highest stars!

Northern Lights

Pulchra es amica mea
suavis et decora filia Jerusalem,
Pulchra es amica mea
suavis et decora sicut Jerusalem,
terribilis ut castrorum acies ordinata.
Averte oculos tuos a me
quia ipsi me avolare fecerunt

Thou art beautiful, O my love, sweet and
beautiful daughter of Jerusalem.
Thou art beautiful, O my love, sweet and
comely as Jerusalem,
terrible as an army set in array.
Turn away thy eyes from me,
for they have made me flee away

Ubi Caritas

Ubi caritas et amor Deus ibi est
Congregavit nos in unum Christi, amen.
Exultemus et in ipso jucundemur.
Timeamus, et amemus Deum vivum.
Et ex corde diligamus nos sincero.
Ubi caritas et amor, Deus ibi est.

Where charity and love are, God is there.
Love of Christ has gathered us into one.
Let us rejoice in Him and be glad.
Let us fear, and let us love the living God.
And from a sincere heart let us love one.
Where charity and love are, God is there.

We Rise

We rise humbly hearted.
Rise won't be divided.
Rise with spirit to guide us. Rise.

And we rise all of the children.
Rise elders with wisdom.
Rise ancestors surround us. Rise.

Refrain:

In hope, in prayer, we find ourselves here.
In hope, in prayer, we're right here.

And we rise up from the wreckage.
Rise with tears and with courage.
Rise fighting for life, we rise.

Make Them Hear You

Go out and tell our story,
Let it echo far and wide.
Make them hear you.
Make them hear you.

And tell them, in our struggle,
We were not the only ones.
Make them hear you.
Make them hear you.

How justice was our battle
And how justice was denied.
Make them hear you.
Make them hear you.

Your sword can be a sermon
Or the power of the pen.
Teach ev'ry child to raise their voice
And then, my fam'ly then
Will justice be demanded by ten million
righteous friends.

And say to those who blame us
For the way we chose to fight
That sometimes there are battles
Which are more than black or white.

Make them hear you.
When they hear you,
I'll be near you
Again.

And I could not put down my sword
When justice was my right.
Make them hear you.
Make them hear you.

Go out and tell our story to your
daughters and your sons.
Make them hear you.
Make them hear you.



Join us for Capitol Hill Chorale's
next concert!

LAMENTATIONS INTO JOY

May 30 + 31, 2026

Capitol Hill Presbyterian Church

Capping off a season focused on
Collaborations and Celebrations,
this concert will highlight settings of
lamentations transformed into joy through a
newly composed work by our
Composer-in-Residence Kevin Siegfried.

Visit capitolhillchorale.org for more information!